



STARTERS

Summer Rolls (2 pcs) £5.00

rice vermicelli, lettuce, Viet herbs wrapped in rice paper, peanut hoi sin dipping sauce

- 1a. Prawn & Pork 🐟🐷🌿
- 1b. Vegan Tofu 🌿🌱🌿



Vietnamese Spring Rolls (3pcs) £5.50

deep fried rolls, lettuce for wrapping, nuoc mam dipping sauce

- 2a. Prawn and Pork 🐟🐷
- 2b. Vegan Taro & Veg 🌿
(with vegan dipping sauce)

3. Vietnamese Fried Chicken £6.50 🐟🐷

potato flour & egg white batter, deep fried, dipped in tangy chilli fish sauce

Banh Xeo - Savoury Viet Pancake

rice flour & turmeric batter, filled with chow chow & beansprouts, side salad, nuoc mam dipping sauce

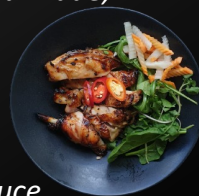
- 4a. Prawn £7.50 🐟🐷
- 4b. Pork £7.50 🐷
- 4c. Tofu £7.50 🌿🌱
- 4d. Prawn & Pork £8 🐟🐷



MAINS

5. Grilled Honey Chicken £8.50 🐟🌿

chicken on the bone, honey garlic marinade, leaves, pickled carrot & mooli



6. Stir Fried Tofu £7.50 🌿🌱

oyster mushroom, vegan oyster sauce

7. Vietnamese Chicken Curry £8.50

thigh meat, potato, carrot, lemongrass, medium hot curry spices, coconut cream, red chilli



Tamarind Prawns 🐟🐷

jumbo prawns, tamarind sauce, morning glory water spinach, chilli & spices



- 8a. 3pcs £8
- 8b. 5pcs £12

9. 5 Spice Lamb £12 🐟🌿

marinated cubes of lamb chop, wok fried with bell peppers, onions & seasoning

STIR FRIED RICE NOODLES

with vegetables, seasoning sauce

- 10a. Vegan Tofu £8 🌿🌱🌿
- 10b. Chicken £8 🐟🌿



PHO NOODLE SOUPS

flat rice noodles, 8hr beef broth, Viet herbs. 🌿 in hoisin sauce served on the side

- 11a. Raw beef £8
- 11b. Cooked flank £8
- 11c. Brisket beef £8
- 11d. Chicken £8
- 11e. Mixed beef £9
- 11f. Mixed beef & chicken £9
- 11g. Vegan tofu (vegan broth) £8 🌿



VERMICELLI NOODLE SALADS

vermicelli rice noodles, sautéed spring onion, lettuce, mint, cucumber, beansprouts, pickled carrot & mooli, roasted peanuts, nuoc mam dressing

- 12a. Fried Tofu £7.50 🌿🌱🌿
- 12b. Garlic Pork £8 🐷🌿
- 12c. Satay Chicken £8 🐟🌿
- 12d. Lemongrass Beef £8 🐷🌿
- 12e. Lime Leaf Prawn £8.50 🐟🐷🌿
- 12f. Veg Spring Roll £8.50 🌿🌱
- 12g. Garlic Pork & Spring Roll £10 🐷🌿🌱



RICE BOXES

steamed rice with salad

🌿 in seasoning sauce served on the side

- 13a. Fried Tofu & Oyster Mushroom £8 🌿🌱
- 13b. Garlic Pork £8
- 13c. Satay Chicken £8 🌿
- 13d. Lemongrass Beef £8.50

SIDES



Banana Blossom & Herb Salad

shredded banana blossom, carrot, coriander, viet herbs, fish sauce dressing, crushed peanuts, chilli

- 14a. Tofu £6 🐟🌱🥜
- 14b. Prawn £6 🐟🍤🥜
- 14c. Pork £6 🐟🥜
- 14d. Prawn & Pork £6.50 🐟🍤🥜

White Cabbage & Hot Mint Salad

shredded cabbage, onion, hot mint, fish sauce dressing, crushed peanuts, chilli

- 15a. Tofu £5.50 🐟🌱🥜
- 15b. Chicken £5.50 🐟🍗

- 16. **Wok Fried Morning Glory Spinach** £7 🌱
garlic, vegan oyster sauce

- 17. **Wok Fried Beansprouts** £5 🌱
spring onion, vegan oyster sauce

- 18. **Clear Broth Soup** £4 🐟
refreshing clear pork broth with a daily veg

- 19. **Steamed Rice** £2

- 20. **Saigon Egg Fried Rice** £4 🍳
aromatic with shallots & spring onion

BANH MI BAGUETTES £6.50

filled with pickled carrot & mooli, cucumber, coriander, fresh chilli. Choice of:

Vietnamese baguette 🍷🌱

French baguette 🌱

- 21a. Spiced Pork Belly 🍷🍖
- 21b. Vegan Tofu 🌱🍷
- 21c. Bay Special 🌱🍷🐟
(pate, spiced pork and pork roll)
- 21d. Grilled Satay Chicken 🍷🍗
- 21e. Grilled Garlic Pork 🍷
- 21f. Grilled Lemongrass Beef 🍷



- 21g. **Chicken Curry** £10 🍷
with plain baguette on the side
Extra pate: 50p

DRINKS

Coke / Diet Coke / 7up / Fanta £1.50

Still Water 500ml £1.50

Sparkling Water 500ml £1.50

Iced Vietnamese Coffee £3 🍷

Home Made Lemonade £2.50

Fresh Apple Juice £3 Add ginger FREE

Fresh Carrot Juice £3 Add ginger FREE

Banh Mi Bay

Vietnamese Restaurant

Delivery Menu

Free delivery over £15



4-6 Theobalds Road, Holborn, London, WC1X 8PN

Home / Office Deliveries

Mon-Sat 12-3pm and 6-9:00pm

Order online: www.banhmibay.co.uk

Telephone orders: 020 7831 4079

Allergens

🌱wheat 🌱celery 🍤crustacea 🍳egg 🐟fish 🍗dairy 🥜peanut 🍷soya

*Prices subject to change